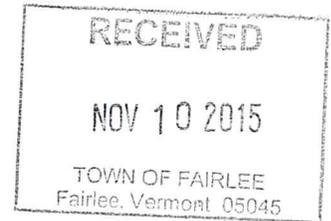




*Promoting Healthy Aging*  
Senior HelpLine: 1-800-642-5119

Central Vermont Council on Aging  
Appropriation Request from Fairlee  
for Fiscal Year 2016-17



**Mission Statement:** CVCOA supports elders and family caregivers in leading self-determined, healthy, interdependent, meaningful and dignified lives in their homes and communities.

**Amount of Request:** \$600 – No change from approved amount for FY 2015-16.

Central Vermont Council on Aging is the primary agency serving older Vermonters aged 60 and over as well as their families and caregivers throughout the 54 towns of Central Vermont. We are a private nonprofit that assists these elders to remain independent for as long as possible. All services are made available to our clients at no charge, without regard to health, income or other resources.

The funding provided by the 54 Central Vermont towns we serve is essential to CVCOA, and directly serves its mission of supporting elders and family caregivers in leading self-determined, healthy and dignified lives in their homes and communities. We accomplish this by connecting seniors to a wide array of benefit programs and services that they need to thrive.

The financial support from the town of Fairlee helps to ensure that the resources are available to support the well-being of older Vermonters in the town of Fairlee. Please review the report of services that accompanies this request for a list of some of the many services that we make available to the seniors in your town.

All of us at CVCOA thank the residents of Fairlee for their ongoing commitment to the health, independence, and dignity of those who have contributed to making the Central Vermont communities what they are today.



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## Central Vermont Council on Aging Report of Services to Fairlee

Central Vermont Council on Aging is a private, nonprofit organization that is dedicated to the mission of supporting elders and family caregivers in leading self-determined, healthy, interdependent, meaningful and dignified lives in their homes and communities.

For more than 40 years, CVCOA has assisted older Vermonters aged 60 and up to remain independent for as long as possible. We connect the elders in our communities to the network of benefit programs and services that they need to thrive. All services are made available to our clients at no charge without regard to health, income or resources.

Some of the options we make available include:

- Senior HelpLine – (800) 642-5119 – has the answers to hundreds of common questions from elders, families and caregivers
- Information & Assistance staff counsel elders and families on the many available benefit programs and services, such as 3SquaresVT, seasonal fuel assistance, and more
- Case Managers work with clients in their homes to assess needs and develop, implement and coordinate individualized long-term care plans
- Nutrition Services oversees the menu development for home-delivered and community meals and provides the largest source of funding for the 14 meal sites that prepare and deliver these meals
- State Health Insurance Program (SHIP) provides personalized Medicare counseling, group training, and enrollment assistance for Medicare Part D plans
- Family Caregiver Support promotes the well-being of the family members who help to make it possible for seniors to remain in their home

In the past year, we have touched the lives of thousands of elders throughout Central Vermont, including 17 Fairlee families. Chuck Rhynard is the Case Manager dedicated to working directly with the seniors in Fairlee and provided at least 89 hours of service directly with 12 seniors in the past year. In addition, our Senior HelpLine has responded to 18 calls and 8 seniors received nutritional support through our wellness programs.

All of us at CVCOA extend our gratitude to the residents of Fairlee for their ongoing commitment to the health, independence, and dignity of those who have contributed to making the Central Vermont communities what they are today.

## Form 1: Summary Service Expenses by Revenue Source:

Service	OAA Title III & VII	Other Federal	Other Funds	State	Local	Non Cash	Total
<b>Individual Advocacy:</b>							
Case Management	239,125	83,436	315,000	225,891	309,098	1,000	1,173,550
Legal Assistance	38,100	0	0	26,280	0	0	64,380
Info and Assistance	40,000	0	0	139,469	0	0	179,469
Medicare Beneficiary Svcs.	0	0	0	0	0	0	0
SHIP	0	68,145	0	17,360	0	0	85,505
Other	0	0	0	0	0	0	0
Other	0	0	0	0	0	0	0
Other	0	0	0	0	0	0	0
Subtotal Indiv. Advocacy	317,225	151,581	315,000	409,000	309,098	1,000	1,502,904
<b>Independent Living:</b>							
Personal Care	0	0	0	5,358	0	0	5,358
Homemaker	0	0	0	0	0	0	0
Chore	0	0	0	0	0	0	0
Outreach	0	0	0	0	0	0	0
Recreation	0	0	0	0	0	0	0
Mental Health	0	0	0	53,343	0	0	53,343
Senior Companion Program	0	268,800	0	171,255	2,000	0	442,055
	0	0	0	0	0	0	0
In Home Services	3,500	0	0	23,646	5,100	0	32,246
RSVP	0	142,334	0	79,679	39,325	30,800	292,138
Other	0	0	0	0	0	0	0
Subtotal	3,500	411,134	0	333,281	46,425	30,800	825,140
Congregate Meals	252,251	27,000	0	92,557	0	135,800	507,608
Home Delivered Meals	318,319	124,278	0	122,571	0	167,600	732,768
Nutrition Education	13,453	0	0	18,370	0	0	31,823
Nutrition Counseling	0	0	0	0	0	0	0
Transportation	8,000	0	0	46,202	0	0	54,202
Assisted Transportation	0	0	0	0	0	0	0
AmeriCorps APA	0	0	0	0	0	0	0
AmeriCorps Non APA	0	0	0	0	0	0	0
Other	0	0	0	0	0	0	0
Other	0	0	0	0	0	0	0
Other	0	0	0	0	0	0	0
ARRA CDSMP	0	0	0	0	0	0	0
Subtotal Indep. Living	595,523	562,412	0	612,981	46,425	334,200	2,151,541
<b>National Family Caregiver:</b>							
Counseling	0	0	0	0	0	0	0
Respite Care	0	0	0	48,149	0	0	48,149
Supplemental Services	0	0	0	0	0	0	0
Access Assistance	0	0	0	0	0	0	0
Information Services	56,581	0	0	91,654	0	0	148,235
Self Directed Care	0	0	0	0	0	0	0
Subtotal NFCSP	56,581	0	0	139,803	0	0	196,384
<b>Grand Totals</b>	<b>969,329</b>	<b>713,993</b>	<b>315,000</b>	<b>1,161,784</b>	<b>355,523</b>	<b>335,200</b>	<b>3,850,829</b>

**Form 2a: Expense Line Item Summary**

Line Item	Individual Advocacy	Independent Living	National Family Caregiver Supp.	Subtotal	Admin. Expenses	Subtotal	Fund Raising	Total
1. Personnel	0	0	0	0	0	0	0	0
2. Fringe	0	0	0	0	0	0	0	0
3. Travel	26,300	21,300	3,200	50,800	4,900	55,700	300	56,000
4. Supplies	2,100	6,700	0	8,800	18,200	27,000	800	27,800
5. Rent/Util.	14,500	300	0	14,800	76,000	90,800	0	90,800
6. Tel./Post.	12,100	8,700	600	21,400	13,600	35,000	800	35,800
7. Equipment	0	4,000	0	4,000	33,000	37,000	0	37,000
8. Insurance	0	2,600	0	2,600	8,700	11,300	0	11,300
9. Audit	0	0	0	0	6,000	6,000	0	6,000
10. Vehicle Oper.	0	0	0	0	0	0	0	0
11. Raw Food	0	0	0	0	0	0	0	0
12. Training	1,600	1,500	0	3,100	1,600	4,700	0	4,700
13. Other	9,900	8,200	0	18,100	18,400	36,500	3,400	39,900
Subtotal	66,500	53,300	3,800	123,600	180,400	304,000	5,300	309,300
14. Grants/Contracts	72,900	1,135,365	39,264	1,247,529	177,000	1,424,529	0	1,424,529
Subtotal	139,400	1,188,665	43,064	1,371,129	357,400	1,728,529	5,300	1,733,829
15. Administration	36,336	309,839	11,225	357,400	(357,400)		0	
Subtotal Expense	175,736	1,498,504	54,289	1,728,529	0	1,728,529	5,300	1,733,829
16. Fundraising	40,089	0	0	40,089		40,089	(5,300)	34,789
Non-Cash	1,000	334,200	0	335,200		335,200	0	335,200
<b>Total Expense</b>	<b>216,825</b>	<b>1,832,704</b>	<b>54,289</b>	<b>2,103,818</b>	<b>0</b>	<b>2,103,818</b>	<b>0</b>	<b>2,103,818</b>
	10.17%	86.69%	3.14%	100%				

Form2b. Revenue Source Line Item Summary

	Source	Individual Advocacy	Independent Living	National Family Caregiver Supp.	Total
OAA Title III and VII:	Current III B	307,781	3,500	0	311,281
	Year III C1	0	327,385	0	327,385
	III C2	0	251,185	0	251,185
	III D	5,000	13,453	0	18,453
	III E	0	0	56,581	56,581
	VII Elder Abuse Prev.	4,444	0	0	4,444
	Prior III B	0	0	0	0
	Year III C1	0	0	0	0
	III C2	0	0	0	0
	III D	0	0	0	0
	III E	0	0	0	0
	VII Elder Abuse Prev.	0	0	0	0
	<b>Total OAA Title III &amp; VII</b>	<b>317,225</b>	<b>595,523</b>	<b>56,581</b>	<b>969,329</b>
Other Federal:	Senior Companion	0	268,800	0	268,800
	NSIP	0	151,278	0	151,278
	DCF - LIHEAP	15,500	0	0	15,500
	3 Squares VT	38,558	0	0	38,558
	Medicaid Eligibility Outreach	29,378	0	0	29,378
	RSVP	0	142,334	0	142,334
	SHIP	42,000	0	0	42,000
	COVE - VMPP	13,000	0	0	13,000
	Housing grant	0	0	0	0
	AmeriCorps	0	0	0	0
	Community Innovation Grant	0	0	0	0
	Reach Out grant	0	0	0	0
	CDSMP grant	0	0	0	0
	Options Counseling	0	0	0	0
	MIPPA grant	13,145	0	0	13,145
	Other	0	0	0	0
	<b>Total Other Federal</b>	<b>151,581</b>	<b>562,412</b>	<b>0</b>	<b>713,993</b>
	<b>Total Federal</b>	<b>468,806</b>	<b>1,157,935</b>	<b>56,581</b>	<b>1,683,322</b>
Other Funds:	Medicaid Waiver	315,000	0	0	315,000
	Other	0	0	0	0
	Other	0	0	0	0
	<b>Total Other</b>	<b>315,000</b>	<b>0</b>	<b>0</b>	<b>315,000</b>
State:	General Fund	318,712	478,600	93,610	890,922
	Special Services	0	4,369	0	4,369
	ADRC grant	37,288	0	0	37,288
	RSVP	0	37,774	0	37,774
	State Long-Term Care Flexible Funds	0	17,738	0	17,738
	State Community Based	0	0	0	0
	State Self Neglect	53,000	0	0	53,000
	Dementia Respite grant	0	0	46,193	46,193
	AmeriCorps	0	0	0	0
	Senior Companion	0	74,500	0	74,500
	<b>Total State</b>	<b>409,000</b>	<b>612,981</b>	<b>139,803</b>	<b>1,161,784</b>
Local:	Participant Contribution	0	0	0	0
	Town Funds	71,575	18,425	0	90,000
	Community Donation	0	6,100	0	6,100
	United Way	200	14,800	0	15,000
	Fundraising	48,000	0	0	48,000
	Other	95,800	7,100	0	102,900
	Prior year fund balance	93,523	0	0	93,523
	<b>Total Local</b>	<b>309,098</b>	<b>46,425</b>	<b>0</b>	<b>355,523</b>
Non-Cash:	Cash Match Participant	0	303,400	0	303,400
	Cash Match Other	0	0	0	0
	In- Kind	1,000	30,800	0	31,800
	<b>Total Non-Cash</b>	<b>1,000</b>	<b>334,200</b>	<b>0</b>	<b>335,200</b>